

THANK YOU

Once again, the Matrics Club Day has gone off without a hitch, thanks to the organisation of the faithful. This is the one opportunity we get each year to make a few dollars off the BBQ within Etsa Park. With a captive market, it's not hard to sell good food and sure enough, that's what we did.

Many thanks must go to the army of cooks and helping hands who make sure Matrics has the best BBQ and is the one people look forward to most.

500 bacon and egg sandwiches, 600 sausages and 20kg of steak for sandwiches with the lot are working proof that if you do it right, people are happy to pay for good produce. We made a tidy sum of money to help provide equipment and facilities for our teams.

Special thanks to the following businesses that contributed to make the day possible;

- Cimarosti Bros Colonel Light Meat Store
- Freshest and Best Home Delivered Fruit & Veg
- Southern Egg
- On The Run Clarence Park
- St James Cakes

Thanks also to all the Primary girls who helped to blow up balloons and decorate Etsa Park in Matrics colours. Once again, many hands make light work.



The Club Day BBQ was a great success

If you would like to include something in the newsletter please send your submission to katewest19@yahoo.com.au

CONGRATULATIONS

Congratulations to Hayley Adams, who recently obtained her B Grade Umpiring Badge. It's great to see the younger members of the club getting involved.

Also, congratulations to Jess Whaley and Maddie Cameron, from the Junior 1s, who were selected in the State Volleyball and Softball teams respectively.

2009 CALENDAR OF EVENTS

AUGUST

- 1 SENIOR PRESENTATIONS
- 15 LAST DAY FOR SUMMER TRIAL FORMS
- 22 JUNIOR PRESENTATIONS
- 23 SUMMER TRIAL #1
- 30 SUMMER TRIAL #2

SEPTEMBER

- 12 GRAND FINAL PRESENTATIONS
- 19 MATRICS PRESENTATION DINNER

OCTOBER

- 6 SUMMER SEASON BEGINS FOR SENIORS AND INTERS
- 9 SUMMER SEASON BEGINS FOR JUNIORS, SUB JUNIORS AND PRIMARIES

SPONSORSHIP...

The club needs a sponsor for each team for the winter season 2010. This will be an endeavour to supply all players with a training t-shirt and give your business good exposure at Etsa Park in 2010 and beyond.

If you know someone who can help out, please do not hesitate to contact either **Westy** on **0419 858 669** or **Barry Fuss** on **0409 929 539**.

SPONSORS NIGHT 2009



The Contours franchisees were among the guests

On a recent Saturday evening, we had the pleasure of hosting many of our sponsors at the annual Matrics Netball Club Sponsors Night. We are grateful for the financial assistance that these people are able to afford us. Without sponsors, Matrics Netball Club does not exist.

This year, we have been able to welcome the 16 franchises of Contours Ladies Gyms as our naming rights sponsor. It was very heart warming to see so many of these people supporting the club at this year's sponsors night.

Thanks to The Saracen's, another club sponsor, who provided the venue for the event. The atmosphere and catering were both up to the high standard that we have come to expect from The Saracen's. Many of the State League squad's personal sponsors were able to attend, further demonstrating their faith in the Matrics players to be on top of their game.

Furthering our affiliation with the Pulteney Football Club was their willingness to recognise some of their sponsors during the evening as well. This is just one of many nights during the year where the Pulteney Football Club have joined the Matrics girls for an event, with many more to come throughout the season.

Again, thank you to Parksey and the social committee, without whom the night would not have been as successful. The night is a chance to celebrate and welcome our sponsors, and provide them with either a team or individual photo in recognition of their contribution to the club.

MOCK WEDDING AND BLUES AND STARS COCKTAIL PARTY 2009

The Matrics Netball Club joined up with the Pulteney Old Scholars Football Club to celebrate the half way mark of the season during the last month.

The first event was a cross dressing wedding, for which the boys were surprisingly keen!! All who attended got into the spirit of the night and enjoyed themselves immensely. It was a great ice breaker.



The next event was the Blues and Stars Cocktail Party which was held last weekend. Everyone got dressed to the nines and had the opportunity to kick back after a long day on the field. Thanks to everyone who donated to the raffle and attended, and also to the social committee, without whom the event could not have taken place.



JUNIOR DEVELOPMENT CAMP 2009

BY BEC SLIMMING AND GEORGIA SULLEY-BEALES

On Sunday the 27th March, the Matrics Junior Development Boot Camp began. After school, everybody had to pack, ready for an action filled weekend with all their netball friends. There were approximately 100 Matrics netballers, ranging from sub-juniors through to inters involved in the camp. When we arrived, we were split into dorms with our team mates and it was lights out at 10pm, in preparation for the big day ahead.

On Saturday, we were woken up bright and early at 7am. We all shared a lovely breakfast that was prepared by the camp staff and then told to get changed into our oldest clothes. We were split into five teams – pink, green, black, red and yellow. We were then sent around the camp to start the day's activities. The mud pit – two trenches side by side about three metres long and full of mud - was the favourite activity for the many of the more "out there" players. We had to lie on our stomachs, and sometimes our backs, and wriggle as fast as we could through the mud pit and climb out the other side. As we struggled through the pit, we were drenched with a hose by the camp supervisors, who seemed to enjoy the experience.

The other activities included building a bridge across the river, team problem solving, an obstacle course made from ropes and canoeing, which was mainly just being splashed by the supervisors! We also got to take part in a military-style obstacle course. After lunch, we had more fun activities planned for us, which included a really high flying fox, bush walking around the property and pool activities.

The day was tiring but not over yet. We had a huge dinner of lasagne and chocolate mousse and then it was time for the quiz. Westy, our club president, did a great job of hosting the quiz, which involved questions ranging from netball to Hollywood. Up early again on Sunday, we were lucky to have the State League and Reserves help us with our netball skills. There were attacking and defensive drills and even a game of touch footy, which brought out the aggressive side of everyone. It was great to have the State League help us with our netball and teach us new things that they have learnt in their careers. We learnt some new drills that will help us in the future and we even got their signatures on our new boot camp t-shirts. It was then time to pack, have lunch and leave – dirty and tired.

We met lots of new people, were taught new things by State League players, got messy, worked hard and had so much fun.

A huge thank you to all the people who organised the camp.





MAJOR SPONSOR

Phone 1300 CONTOURS or visit www.contours.net.au

CLUB SPONSORS

Sports Centre	8346 3411	142 Port Road, Hindmarsh
APA Sports Physiotherapist	lukedixon17@hotmail.com	Wakefield Hospital
Canon Australia Pty Ltd	8201 9100	1 South Road, Thebarton
Saracen's Head	8223 4449	82 Carrington Street, Adelaide
Pulteney Grammar	c/o Essentially	Suite 7, 22-28 Melbourne Street, Nth Adelaide

TEAM SPONSORS

Bresnell Transport	0402 307 346	
Geofabrics Australasia	8177 2055	1 Marion Street, Melrose Park
Solder-Tech	8276 8566	12 Lloyd Street, St Marys
Minuzzo Project Management	8331 9300	122 Fullarton Road, Norwood
Home Ownership	8271 7783	PO Box 2010, Kent Town
Reardon Constructions	0412 856 942	38 Day Avenue, Daw Park
Cino Cleano		12 Coglin Street, Brompton
Toyworld	8353 2223	Harbourtown Shopping Centre

PLAYER SPONSORS

Bathroom Innovations	8235 1445	Seaton
Blackwood Fitness Centre	8278 5388	210 Main Road, Blackwood
Border Valley Physiotherapy		PO Box 397, Birdwood
Exact Mining Solutions	0418 857 524	Level 1, 43 Greenhill Road, Wayville
General Havelock Hotel	8223 3680	162 Huff Street, Adelaide
Intrigue Hair & Beauty	8204 5558	Flinders Medical Centre, Bedford Park
Lawson Smith Lawyers	8223 4333	Level 6, 97 Pirie Street, Adelaide
Life. Be In It	0407 971 591	Unley High School, Kitchener Street, Netherby
Link Engineering		20-22 Jacobs Street, Whyalla Norrie
Minuzzo Project Management	8331 9300	122 Fullarton Road, Norwood
North Adelaide Football Club	8344 8733	PO Box 2048, Prospect
Norton Transport	8676 2127	3 Walter Street, Cummins
Offices on the Park	0417 870 743	8 Greenhill Road, Wayville
Paxton Wines Pty Ltd	8323 8645	PO Box 18, McLaren Vale
Penneshaw Hotel	0417 211 199	North Terrace, Penneshaw, Kangaroo Island
Polly's Gifts	8235 2884	39 Henley Beach Road, Henley Beach South
Rite Price	8277 4292	1116 South Road, Clovelly Park
Rossigns and Multiprint SA	0417 859 059	PO Box 310, Port Augusta
SMS Gas Installations	0417 838 019	PO Box 367, Prospect
St James First Aid	8349 8063	14A Ween Road, Pooraka
Sudel Industries	8644 0039	241 McBryde Terrace, Whyalla
The Athlete's Foot – Marion	8298 7680	Shop 1118, Westfield Shopping Town, Marion
The Maid	8362 6053	1 Magill Road, Stepney

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